

Angel's Services

CLIENT SERVICE MENU

Supporting everyday life. Building skills. Growing independence.

Compassion | Dignity | Practical Support | Independence

Angel's Services provides warm, respectful and practical support designed around the individual. We work with participants - not simply for them - to build confidence, strengthen everyday skills and create routines that support greater independence.

Daily Living Support

Practical, person-centred assistance with everyday routines.

- Personal hygiene prompting and routines
- Grooming and presentation
- Meal preparation and kitchen safety
- Daily routines and organisation
- Non-complex medication reminders
- Tidying and resetting personal spaces
- Confidence-building and gentle mentoring

Life Skills & Independence

Individualised coaching that turns everyday activities into opportunities to learn.

- Cooking skills and meal planning
- Grocery shopping
- Budgeting and money skills
- Household management
- Time management and organisation
- Hygiene routines and personal independence
- Goal setting and confidence building
- Community and transport skills

Angel's Cooking Skills Program

A structured, practical program that can be adapted to ability, confidence, sensory needs and NDIS goals.

- Plan meals
- Create a shopping list
- Shop within a budget
- Prepare ingredients safely
- Cook simple meals
- Clean and reset the kitchen
- Build confidence to repeat skills independently

Parent & Carer Training

Practical coaching to help families build consistent, achievable routines at home.

- Predictable daily routines
- Visual schedules and supports
- Breaking tasks into manageable steps
- Communication strategies
- Supporting transitions
- Building independence at home
- Consistent non-restrictive approaches
- Goal and progress tracking

Household Tasks

Respectful household assistance delivered without judgement.

- General cleaning
- Bathrooms and toilets
- Kitchen cleaning and reset
- Vacuuming, mopping and dusting
- Laundry and folding
- Dishwashing
- Decluttering support
- Household organisation

House & Yard Support

Practical help to maintain a safer, more manageable home environment.

- Lawn mowing
- Weeding
- Garden tidy-ups
- Outdoor cleaning
- Bin assistance
- General yard maintenance
- Minor home upkeep within the scope of service

Community Access

Support to participate in the community and practise skills in real-life settings.

- Appointments
- Grocery shopping and errands
- Social outings
- Exercise and outdoor activities
- Community confidence
- Real-world budgeting and money skills
- Building routines outside the home

Progress, Goals & Communication

Clear documentation and communication are part of good support.

- Progress notes
- Goal tracking
- Session records
- Safety and risk documentation
- Service updates
- Communication with authorised Support Coordinators and Plan Managers where appropriate

Our Approach

Compassion & dignity

Every person is treated with respect, privacy and choice.

Strength-based mentoring

We focus on capability and build skills without creating unnecessary dependence.

Consistency & reliability

Reliable people, clear expectations and practical routines.

Trauma-informed practice

Calm, predictable support that is sensitive to individual experiences and triggers.

Respectful communication

Clear, calm and non-judgemental communication.

Individualised support

Services are shaped around the participant's goals, needs and real life.

Support That Fits the Person

Supports can be combined into an individual service arrangement. For example: household support + cooking skills + community access and budgeting practice.

Travel, transport and any applicable charges are discussed in advance and documented in the Service Agreement.